



9TH

EMEL

CONFERENCE ON ENDOMETRIOSIS AND UTERINE DISORDERS

JANUARY 20 - 21, 2024

DUSIT THANI HOTEL DUBAI - UAE



SINCERELY,
GHASSAN LOTFI, M.D.
EMEL PRESIDENT

PRE CONFERENCE WORKSHOPS
JANUARY 19TH, 2024

SCIENTIFIC PROGRAM

FIRST DAY 20/01 SATURDAY

08:00 - 08:20

REGISTRATION

SESSION 1

MODERATORS

Dr. Ghassan Loffi



Dr. Shamsa Al Awar



Dr. Shamsa Al Awar



Prof. Engin Oral



Prof. Andrew Horne

08:20 - 08:30

Patient testimonial "the journey with pain"

08:30 - 08:50 Dr. Shamsa Al Awar

"Medical liabilities- trends and pitfalls from the governance standpoint"

08:50 - 09:20 Prof. Engin Oral

KNL "Adenomyosis and other gynecologic pathologies: what is the incidence?"

09:20 - 09:50 Prof. Andrew Horne

KNL "What is the evidence base for current surgical and medical options for managing endometriosis"

09:50 - 10:00

OPENING CEREMONY AND COFFEE BREAK

SESSION 2 FERTILITY

MODERATORS

Dr. Bohaira El Geyoushi



Dr. Antoine Abou Moussa



Dr. Dimitrios Kafetzis



Dr. Bohaira El Geyoushi



Prof. Gamal Serour



Dr. Antoine Abou Moussa



Dr. Pietro Santulli

10:00 - 10:20 Dr. Dimitrios Kafetzis

"Adenomyosis and infertility - the optimal management for the infertile couple"

10:20 - 10:40 Dr. Bohaira El Geyoushi

"Female infertility and PCOS, myths and facts"

10:40 - 11:10 Prof. Gamal Serour

KNL "Endometriosis and infertility"

11:10 - 11:40 Dr. Antoine Abou Moussa

"Endometrioma and infertility- when to operate and when to perform IVF"

11:40 - 12:00 Dr. Pietro Santulli

"Endometriosis and embryo implantation- ART explained to surgeons"

SESSION 3 ADENOMYOSIS

MODERATORS

Dr. Fatma Alhajeri



Prof. Popov Alexander



Prof. Charles Chapron



Dr. Fatma Alhajeri



Prof. Popov Alexander



Prof. Rukhliada Nikolai

12:00 - 12:30 Prof. Charles Chapron

"Why Adenomyosis is a key question for patients with endometriosis"

12:30 - 12:50 Dr. Fatma Alhajeri

"Updates on classification of Adenomyosis"

12:50 - 13:20 Prof. Popov Alexander

KNL "Adenomyosis- Pros and Cons of surgery"

13:20 - 13:50 Prof. Rukhliada Nikolai

"Adenomyosis surgical treatment and reproductive outcomes"

13:50 - 14:00

OPEN DISCUSSION Q&A

14:00 - 14:30

LUNCH BREAK

SESSION 4 ENDOMETRIOSIS

MODERATORS

Dr. Ghassan Loffi



Prof. Andrew Horne



Prof. Charles Chapron



Dr. Silvia Vannuccini



Prof. Taner Usta



Prof. Andrew Horne

14:30 - 15:00 Prof. Charles Chapron

KNL "Endometriosis- a systematic disease"

15:00 - 15:20 Dr. Silvia Vannuccini

"Updates on co-morbidities associated with endometriosis"

15:20 - 15:40 Prof. Taner Usta

"Is endometriosis a progressive disease?"

15:40 - 16:10 Prof. Andrew Horne

KNL "Novel therapeutic targets for endometriosis"

SESSION 5 GENETICS

MODERATORS

Prof. Moamar Al Jefout



Prof. Hesham Arab



Dr. Ayman Alhendy



Dr. Mira Mousa



Prof. Hesham Arab



Prof. Moamar Al Jefout

16:10 - 16:40 Dr. Ayman Alhendy

KNL "Role of epigenetics in uterine fibroids"

16:40 - 17:00 Dr. Mira Mousa

"Genetics in endometriosis"

17:00 - 17:20 Prof. Hesham Arab

"Would the genes influence your myomectomy decision"

17:20 - 18:00 Prof. Moamar Al Jefout

maximizing the medical management for endometriosis-associated pain

18:00 - 18:30

Open debate Q&A. Closing notes

SECOND DAY 21/01 SUNDAY

SESSION 6 IMAGING IN ENDOMETRIOSIS/ ADENOMYOSIS

MODERATORS

Dr. Amal Badi



Dr. Samar Maadawy



Dr. Samar Maadawy



Dr. Omar Kirmani



Dr. Amal Badi



Dr. Yulia Sopova

08:30 - 08:50 Dr. Samar Maadawy

Role of 3D transvaginal ultrasound in predicting surgical technique in patients with rectal deep infiltrating endometriosis

08:50 - 09:10 Dr. Omar Kirmani

"MRI in the diagnosis of deep endometriosis"

09:10 - 09:30 Dr. Amal Badi

"Pelvic ultrasound in diagnosis of Adenomyosis"

09:30 - 09:50 Dr. Yulia Sopova

"Difficult cases in ultrasound diagnosis of endometriosis"

SESSION 7 ABNORMAL UTERINE BLEEDING

MODERATORS

Dr. Kinda Al-Ani



Dr. Wael Sammur



Dr. Silvia Vannuccini



Dr. Maryam Al Shukri



Dr. Kinda Al-Ani



Dr. Wael Sammur



Dr. Mazen-Bishtawi

09:50 - 10:20 Dr. Silvia Vannuccini

KNL "Menstrual distress as a medico-social dilemma"

10:20 - 10:40 Dr. Maryam Al Shukri

"Menstrual bleeding in teenagers: when and how to intervene"

10:40 - 11:00 Dr. Kinda Al-Ani

"OCP in management of AUB"

11:00 - 11:20 Dr. Wael Sammur

"Evaluation of the endometrium for malignant or pre-malignant disease"

11:20 - 11:40 Dr. Mazen-Bishtawi

"Surgical strategies for taming AUB"

SESSION 8 UTERINE FIBROIDS

MODERATORS

Prof. Engin Oral



Dr. Ayman Alhendy



Dr. Ayman Alhendy



Prof. Larisa Suturina



Prof. Engin Oral

11:40- 12:10 Dr. Ayman Alhendy

KNL "Novel medical therapeutics for endometriosis, uterine fibroids and adenomyosis"

12:10 - 12:30 Prof. Larisa Suturina

"Asymptomatic uterine fibroids, when intervention is needed"

12:30- 12:50 Prof. Engin Oral

"Fibroids and fertility- what is the current status?"

12:50 - 13:00

Open discussion- Q&A

13:00 - 14:00

LUNCH BREAK AND SYMPOSIUM

SESSION 9 MIGS

MODERATORS

Dr. George Botros



Dr. Anton Fedorov



Prof. Popov Alexander



Prof. Taner Usta



Dr. Anton Fedorov



Dr. George Botros

14:00 - 14:30 Prof. Popov Alexander

KNL "Ultra-economic surgery for different forms of endometriosis"

14:30 - 15:00 Prof. Taner Usta

KNL "Nerve endometriosis sciatic and sacral: from diagnosis to treatment"

15:00 - 15:20 Dr. Anton Fedorov

"Surgical treatment of Colorectal endometriosis, laparoscopy vs robotic- Surgeon's opinion"

15:20 - 15:40 Dr. George Botros

"Isthmocele- is it a self-inflicted dilemma? Local data"

15:40 - 16:20

Q&A SYMPOSIUM

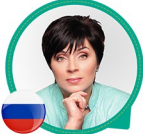
SESSION 10

MODERATORS

Dr. Amal Almulla



Prof. Louay Zayed



Dr. Natalia Artymuk



Prof. Louay Zayed



Dr. Amal Almulla



Dr. Marlin Mubarak



Dr. Sadoon Sadoon

16:20 - 16:50 Dr. Natalia Artymuk

KNL "Endocrine chemical disruptors and endometriosis"

16:50 - 17:10 Prof. Louay Zayed

"Artificial intelligence in OBGYN- is it time to retire"

17:10 - 17:30 Dr. Amal Almulla

"Antioxidants in the pathogenesis of endometriosis"


17:30 - 17:50 Dr. Marlin Mubarak

"Endometriosis, Adenomyosis and recurrent pregnancy loss"

17:50 - 18:10 Dr. Sadoon Sadoon

Fibroids and impact on female fertility- latest updates

Q&A CLOSURE OF THE CONFERENCE



WORKSHOP PROGRAM

WORKSHOP 1

SURGICAL TREATMENT OF ENDOMETRIOSIS/ FIBROIDS

(PROF. POPOV AND GROUP)



3
hrs
CME

09:00 - 13:00

MODERATOR



Dr. Ghassan Loffi



Prof. Popov Alexander



Dr. Yulia Sopova



Dr. Anton Fedorov



Dr. Alexey Koval

90
MIN

Prof. Alexandr Popov M.D., Ph.D.

- Tutorial video Laparoscopy\ Robotic.
- Bowel endometriosis case.
- Bowel resection by NOSE technique

90 min presentations with surgical video.

40
MIN

Yulia Sopova Ph.D.

Sonography of DIE

40
MIN

Prof. Alexandr Popov M.D., Ph.D.

Colo-rectal endometriosis

40
MIN

Anton Fedorov M.D., Ph.D.

Uro-genital endometriosis

30
MIN

Alexey Koval Ph.D.

Adenomyosis

WORKSHOP 2

MEDICAL MANAGEMENT OF ENDOMETRIOSIS WHAT AND WHEN?

09:00 - 12:00

MODERATORS

Dr. Wael Sammur



Dr. Natalia Artymuk



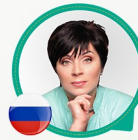
Prof. Moamar Al Jefout



Prof. Engin Oral



Dr. Wael Sammur



Dr. Natalia Artymuk



Prof. Hesham Arab

Topic 1

Prof. Moamar Al Jefout

"Maximizing pain management in patients with endometriosis."

Topic 2

Dr. Engin Oral

"Is Progestin a first line treatment for endometriosis?"

Topic 3

Dr. Wael Sammur

Adverse effects and health concern associated with medical management of endometriosis"

Topic 4

Dr. Natalia Artymuk

Is postoperative medical treatment of endometriosis associated infertility acceptable.

Topic 5

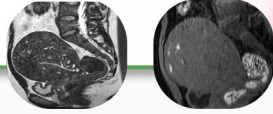
Dr. Hesham Arab

Can GnRH analogues be a first-line treatment for endometriosis

6
hrs
CME

WORKSHOP 3

IMAGING IN DIAGNOSIS OF ENDOMETRIOSIS/ ADENOMYOSIS



4.5
hrs
CME



12:30 - 15:30

MODERATORS

Dr. Amal Badi



Dr. Yulia Sopova



Dr. Yulia Sopova



Dr. Silvia Vannuccini



Dr. Samar Maadawy



Dr. Amal Badi



Dr. Omar Kirmani

Dr. Yulia Sopova

Ultrasound diagnosis of atypical bowel endometriosis

Dr. Silvia Vannuccini

Ultrasound criteria in diagnosing Adenomyosis

Dr. Samar Maadawy

Novel imaging techniques in diagnosing DE

Dr. Amal Badi

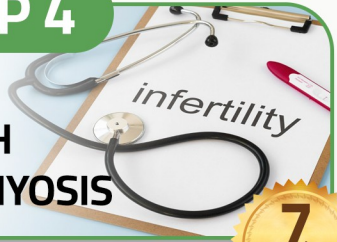
Pelvic ultrasound in daily clinical practice for diagnosing Endometriosis

Dr. Omar Kimrani

How to read MRI images in cases of endometriosis

WORKSHOP 4

HOW TO MANAGE INFERTILITY PATIENTS WITH ENDOMETRIOSIS/ ADENOMYOSIS



15:30 - 18:30

7 hrs
CME

MODERATORS

Dr. Ahmed Elbohoty



Prof. Gamal Serour



Dr. Dimitrios Kafetzis



Dr. Antoine Abou Moussa



Dr. Bohaira El Geyoushi



Prof. Gamal Serour



Dr. Ahmed Elbohoty

Topic 1

Dr. Dimitrios Kafetzis

"Endometrioma management for the infertile couple- Embryo banking or laparoscopy first?"

Topic 2

Dr. Antoine Abo Mousa

IVF outcome in patients with endometriosis

Topic 3

Dr. Bohaira Geyoushi

"Case presentations on management of endometriosis/ adenomyosis and infertility"

Topic 4

Dr. Gamal Serour

Endometriosis and infertility-personalized choice of line of treatment

Topic 5

Dr. Ahmed Elbohoty

Fertility preservation for women with endometriosis

WORKSHOP 5

Role of Nurses in Patient Quality of Life with Endometriosis workshop



Dr. Gehan Sallam

12:30 - 14:00



Dr. Hadya Abdel-Fattah

PART 1 (THEORETICAL) BACKGROUND AND UP TO DATE FACTS



Dr. Hadya Abdel-Fattah - Dr. Gehan Sallam

Introduction to Endometriosis Global Prevalence Possible locations of Endometriosis Causes of Endometriosis Risk Factors for Endometriosis



Dr. Hadya Abdel-Fattah - Dr. Gehan Sallam

Clinical spot discussions: Symptoms of Endometriosis
• Diagnosis of Endometriosis • Management of Endometriosis

PART 2 IMPROVING QUALITY OF LIFE



Dr. Hadya Abdel-Fattah - Dr. Gehan Sallam

Group discussion activity after videos



Clinical case scenarios

(HANDS ON)

PART 3 ROLE OF NURSES IN CARING FOR PATIENT WITH ENDOMETRIOSIS.



Dr. Hadya Abdel-Fattah - Dr. Gehan Sallam

- **Nursing approach** to Endometriosis Patient (problem focus strategies)
- Health Education for Endometriosis Patient Problem focused Strategies.



Implementation of the nursing practices on:

Endomitosis patients
(hands on practice on 5 cases scenarios)
Take Home Messages



FOR MORE INFORMATION

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